

## SEMI PRIVATE TRAINING SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 am				SEMI - 730A (2)			
9:00 am			SEMI - 9A		SEMI - 9A		SEMI - 9A
10:00 am				SEMI - 10A			SEMI - 930A
10:15 am		SEMI - 1015A				SEMI - 1015A	
	*****	*****	*****	*****	*****	*****	*****
4:00 pm		SEMI - 4P	SEMI - 4P (1)	SEMI - 4P	SEMI - 4P (1)	SEMI - 4P	
:30		SEMI - 430P	SEMI - 430P	SEMI - 430P	SEMI - 430P	SEMI - 430P	
5:00 pm		SEMI - 5P	SEMI - 5P	SEMI - 5P	SEMI - 5P	SEMI - 5P	
:30		SEMI - 530P	SEMI - 530P		SEMI - 530P		
6:00 pm		SEMI - 6P	SEMI - 6P		SEMI - 6P		1 = POSSIBLE SEMI PRIVATE (WEEKLY), OR LOOKING TO BUILD!
:30			SEMI - 630P		SEMI - 630P		2 = COMING SOON!
7:00 pm			SEMI - 7P		SEMI - 7P		
:30							